



SIZE CHART

MENS			
US/AU	UK	EU	CM
8	7	41	26 cm
8.5	7.5	42	26.5 cm
9	8	42.5	27 cm
9.5	8.5	43	27.5 cm
10	9	44	28 cm
10.5	9.5	44.5	28.5 cm
11	10	45	29 cm
11.5	10.5	46	29.5 cm
12	11	46.5	30 cm
12.5	11.5	47	30.5 cm
13	12	48	31 cm
14	13	49	32 cm.
15	14	50	33 cm
16	15	51.5	34 cm

WOMENS			
US/AU	UK	EU	CM
5.5	3.5	36	22 cm
6	4	37	22.5 cm
6.5	4.5	37.5	23 cm
7	5	38	23.5 cm
7.5	5.5	38.5	24 cm
8	6	39	24.5 cm
8.5	6.5	40	25 cm
9	7	40.5	25.5 cm
9.5	7.5	41	26 cm
10	8	42	26.5 cm
10.5	8.5	42.5	27 cm
11	9	43	27.5 cm
11.5	9.5	44	28 cm
12	10	44.5	28.5 cm
13	11	46	29.5 cm

All Altra shoes are designed with FootShape™ comfort to give your toes more room to spread out naturally and address biological differences in men's and women's feet.

SIZING

We recommend ordering Altra running shoes ½ size larger than a dress shoe. We want you to have the best fit possible. The Lone Peak 6, Torin 5 and Torin Leather are available in Wide, a D width (compared to our traditional B width).